



# **Lead The Way Fund is committed to the health and wellness of our Rangers and their families.**

## **RELATED CONDITIONS**

*(All services and conversations are confidential. These resources are for ALL family members.)*

**Get Registered NOW! With the VA for all services! This is the NEW and IMPROVED VA and they are here to help!**

**Step 1: You will need your DD-214 & Photo ID, Go to any VA facility and ask for Patient Representative**

**Step 2: If you have lost your DD-214 please contact the National Personnel Center at: 314-801-0800**

## **Veteran's Crisis Line / Suicide Prevention**

*(Confidential help for Veteran's and their families)*

- **1-800-273-TALK (8255)** and Press #1 for Veterans
- **[www.VeteransCrisisLine.net](http://www.VeteransCrisisLine.net)** to chat online send a text message to **838255** to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if you are not registered with VA or enrolled in VA health care.

## **Veterans Health Administration "My HealthVet"**

- **[www.myhealth.va.gov](http://www.myhealth.va.gov)**
- offers Veteran's and their families anywhere, anytime Internet access to VA health care including Caregiver assistance information, Prescription refills, VA Benefits, Support and Encouragement, Mental Health, Screening Tools and Information, Healthy Living centers and Health History

# **Care Coalition Information about PTSD/ Combat Stress**

*(For those who serve with the 75<sup>th</sup> Ranger Regiment and other Special Operations Forces)*

- **1-877-672-3039 / 1-813-826-8888**
- **[www.socom.mil/carecoalition](http://www.socom.mil/carecoalition)**

## **National Center for PTSD**

- **<http://www.ptsd.va.gov/>**

## **VA Mental Health Home Web Page**

- **<http://www.mentalhealth.va.gov>**

## **Frequently Asked Questions**

- 1) Am I entitled to benefits even if I receive payments from my branch of service?
- 2) Do I qualify for unemployment?
- 3) How do I apply for the GI Bill?
- 4) What benefits is my family entitled to?

**For the VA location nearest you visit [www.va.gov](http://www.va.gov).**